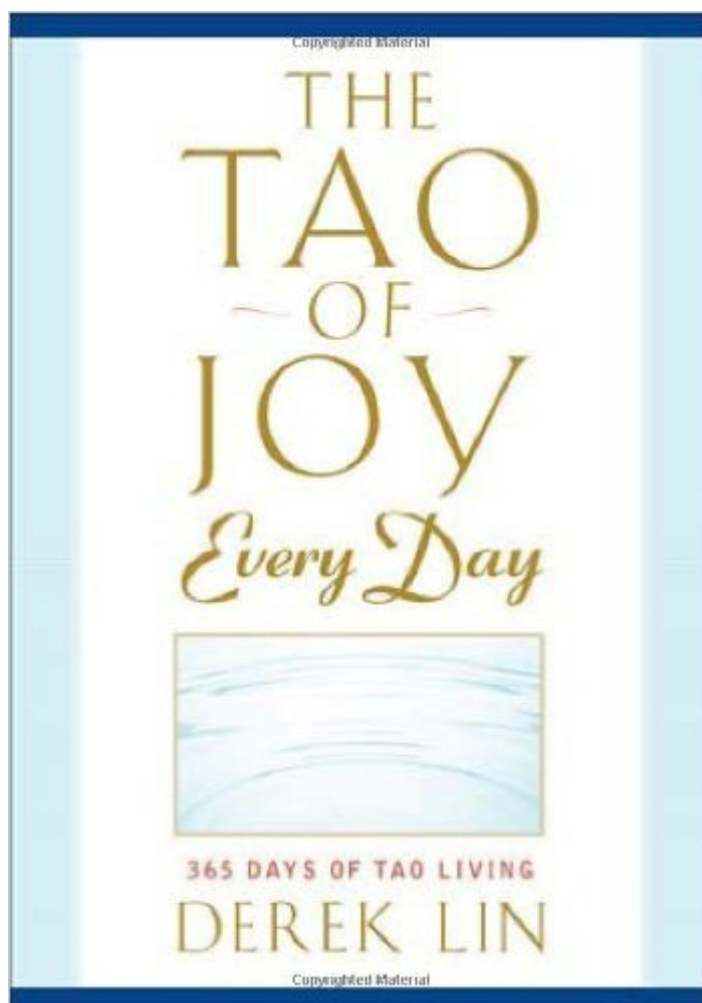


The book was found

The Tao Of Joy Every Day: 365 Days Of Tao Living



Synopsis

"We need to open our eyes to see life itself as a gift, and perceive the goodness embedded everywhere. Every day is a blessing, and every moment is an opportunity to express the Tao."
-Derek Lin
In Eastern wisdom traditions, it is taught that practicing one small bit of wisdom each day will add up to a life of insight and joy. This volume of 365 life-transforming readings brings the sacred teachings of the Tao to our everyday lives. The Tao of Joy Every Day contains Taoist sayings, insights, and stories-all designed to clearly provide understanding of what makes our lives meaningful, especially in a world that can seem hurried and crazed. For the spiritual reader interested in books that can expand awareness and sensitivity to everyday life, The Tao of Joy Every Day is a great gift that will provide enlightenment for 365 days and beyond, laying the groundwork for a lifetime of happiness.

Book Information

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Customer Reviews

After reading "365 Tao" for the last 5 years I was reluctant to buy another daily Tao meditation book. I went ahead and ordered the "Tao of Joy" and have since also purchased the Kindle version for my phone. I liken my love for this book the same way I can enjoy two versions of a song. I feel as though Derek Lin and Deng Ming-Dao are partners in explaining this magical journey of Life. In this crazy world it is understandable why so many people become frustrated and disheartened. It is obvious through current events that we are unable to "Change the World" but we can change our world and help the people around us. This book will help ground you in that belief and not lose sight of the fact that this world is still a gift.

Derek Lin has a unique way of presenting the Tao and in his new book, you will discover the power of the Tao in your own life. These are daily meditations or devotions or messages from the Tao to consider and apply to each day and to your thoughts. It's not dated so you can, and probably should, start with Day one. "Living in the modern world, we all lead busy lives. There is always so much we need to do that any kind of long-term commitment to spiritual cultivation seems impossible. You may be aware of a need to really work on yourself within, but you can never seem to get around to it. This book is the answer. All you have to do is read one page per day. Each page takes only a few minutes to present you with a Tao-centric concept," Lin says. He adds, "A year from now, when you finish the last page, the hands that close this book will belong to an entirely new person. One year out of your life will make all the difference in the world." I found the daily readings relevant and useful. They give you substance to consider throughout the day. The one thing lacking, however, is a short antidote to describe the meaning in daily life from a real life perspective. Lin has done this in other books and it makes a big difference. I understand the idea is to make each reading short so as to be read daily in a short amount of time. But a very brief story illustrating the meaning of the passage in daily life wouldn't need to take but an additional 50 to 150 words. Highly recommended.-- Susanna K. Hutcheson

Understanding the Tao is usually no easy task, but this lovely work changes all that. I have been reading this book daily for almost a year, and find great comfort and incite each time. You are presented with a new concept every day and then you receive a concise suggestion as to how to apply it to a modern life. I intend to start over again and again when the 365 days come to their end.

Mr. Lin's latest book, "The Tao of Joy" facilitates practical application of the Tao to one's own life and 'kingdom'. The Tao can help you make powerful, positive life changes. If you get this book, and have not read Mr. Lin's previous books, I recommend them to you. The stories in "The Tao of Daily Life" are relevant and entertaining; "The Tao of Success" is a detailed road map; and "Tao Te Ching" annotated and explained is the best interpretation I have seen. When I first became interested in the Tao, it seemed mystical and unapproachable. Mr. Lin's books bring understanding and clarity. All together, they make a good Tao bookshelf!

The Tao is a new philosophy/belief system for me although I was introduced to it years ago, I wasn't ready then to hear the wisdom it contained. I use the book as a form of daily meditation and

inspiration. I started on January 1st and am still looking forward to reading it each morning. Derek Lin is an excellent writer and shares the Taoist philosophy in a delightful way. I do find it a Joy.

I received this book right before I experienced a tragedy in my family. It was almost as if it was prepping me for what was about to come. It's a good book to have for everyday living. I highly recommend it.

I love the format. 1 page for each day of Tao Wisdom. I look to this book for guidance in my life & try to apply. The Tao is limitless and awesome. Derek Lin truly knows Ancient Chinese and the culture. Derek Lin changed my life. I can never repay him enough. Derek Lin has helped me personally also. His sacrifice for me i will never forget. Derek Lin is a Great Man. This book benefits society. If you want to live life without strife, please get this Book! His website is w w w dot taoism dot net

Honestly, I am not even sure what 'The Tao' is but, the messages in this book are pretty Universal. I like it SO much that I just bought a dozen copies to give to my friends. I highly recommend this book!

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